



*Virtual*

**ADRC**

HEALTHY  
COMMUNITIES  
SUMMIT

*June 20-22, 2023*

*Looking Back, Moving Forward*



An Aging and Disability Resource Connection event  
featuring the Senior Hunger Initiative



# Day One

8:30 A.M.

## Welcome and Opening Address

### Allison Bernal, RDN, LD

Manager, Livable Communities  
*Division of Aging Services*

### MaryLea Boatwright Quinn, MSW, LCSW

Assistant Deputy Commissioner  
*Division of Aging Services*

8:45-9:30 A.M.

## Keynote Address

Looking Back, Moving Forward

### Carolyn Hartfield

Healthy Lifestyle and Evidence-based Certified Coach  
Certified Outings Leader  
Wilderness First Aid Certification  
*Lifestyle Management, LLC*

The aging process can bring us many joys if we choose to acknowledge them. It is never too late to change our perspective and move forward on a more fulfilling journey as we age. There are many little things we can do that can result in big benefits, while building our confidence, keeping us calm, and helping us stay connected with positive and supportive people in our circles. As a 74-year-old who blossomed in her 50s when she joined a senior women's basketball team, and at 56 went on her first hike ever that literally changed the direction of her life, she walks the talk and loves to share her story. Carolyn will inspire you to challenge yourself to experience your joys of aging as you move forward!

9:45-10:30 A.M.

## Session One

You and VRU: Shared Risk, Protective Factors, and Risky Driving

### Jim Kelly

Program Manager  
55+ Driver Safety Program  
*Division of Health Protection Injury Prevention Program*

"Motor vehicle-related fatalities and injuries could be significantly reduced if proven strategies to reduce risky driving behaviors were widely adopted and implemented across the United States." Well, no kidding, Sherlock! But how do we do that? Let's explore some shared risks and protective factors related to vulnerable road users. And while we're at it, how about some practical steps you can take professionally and personally to help make Georgia's roads safer for everyone?

10:45-11:30 A.M.

## Session Two

Improving Treatment and Outcomes for People with Parkinson's Disease

### Annie Long

Senior Director  
Community Education and Outreach  
*Parkinson's Foundation*

During this session, attendees will learn more about Parkinson's disease, now considered the fastest growing neurological disorder in the world. In addition to learning about Parkinson's (early signs, symptoms, and treatment strategies), we will also discuss the growing need for knowledgeable providers and how the Parkinson's Foundation is addressing this need through community education, online courses, provider outreach, and more.

11:45 A.M.-12:30 P.M.

## Participant Engagement and Closing Remarks

### Laurel Humble

Head of Creative Aging and Lifelong Learning  
*High Museum of Art*

# Day Two

9:00 A.M.

## Day Two Welcome

**Temitope Walker, PhD**

Senior Hunger & Nutrition Coordinator,  
*Division of Aging Services*

9:15-10:00 A.M.

## Session One

Maximizing Access  
to Community  
Resources to Better  
Serve Our Clients

**Shelly Wender, M.Ed, CRS-A/D, CRS-DC**

Resource Specialist  
Area Agency on Aging  
*Atlanta Regional Commission*

More than 20 years ago, the Atlanta Regional Commission's Aging and Independence services created one of the first statewide aging and disabilities resources database for professionals: EmpowerlinePRO (formerly ESP). Since then, we have expanded the inclusion criteria and vetting processes for the database to a weekly newsletter/eblast distributed to internal agency staff as well as community and collateral partners, ensuring the statewide aging network remains informed of the community resources and increasing the opportunities for consumers and clients to successfully access. This session will highlight our processes in not only identifying relevant community resources, but also the steps we take to inform the community of the resources while doing what we can to ensure safe and successful access to those resources on behalf of those we serve.

10:15-11:00 A.M.

## Session Two

Social Determinants  
of Health (SDoH)  
and the Impact of  
Structural Racism on  
the Food Environment  
of Seniors in Fulton  
County Served by  
Open Hand Atlanta

**Kellie E. Mayfield, PhD, RDN**

Assistant Professor  
Department of Nutrition  
*Byrdine F. Lewis College of Nursing  
& Health Professions  
Georgia State University*

This session will detail our mixed-methods study conducted by Open Hand Atlanta and Georgia State University Department of Nutrition. Included in this presentation are important variables to assess when examining the potential impact of structural racism on health outcomes, and our framework for evaluating data collected. Participants will leave with an idea of relevant SDoHs to examine for this population and next steps for addressing the impact of structural racism on health outcomes.

11:15 A.M.-12:00 P.M.

## Awards Ceremony and Closing Remarks

Presented by the **Georgia Department  
of Human Services' Division of Aging  
Services**

This year and always, members of our network go above and beyond to serve older adults, individuals with disabilities, and their care partners in aging services and in addressing senior hunger specifically. We will honor individuals, groups, and organizations for their work. Join us in the celebration!

# Day Three

9:00 A.M.

## Day Three Welcome

### Sheree Stewart, RN

Nutrition & Evidenced Based Programs  
Manager  
*Division of Aging Services*

9:15-10:00 A.M.

## Session One

More Than At Home

### Kelley Napier, JD

Partner  
*Georgia Estate & Elder Law, LLC*

Elder law attorney Kelley Napier, CELA, will present about homeownership, estate planning, and generational transfers of wealth. She will discuss homeplace properties and their impact on eligibility for public benefit programs such as Medicaid.

10:15-11:00 A.M.

## Session Two

Nursing Home  
Transition Programs:  
A Deep Dive

### Ajené Hall, LMSW

Transitions Specialist  
*Division of Aging Services*

Take a deep dive into Nursing Home Transitions (NHT) and Money Follows the Person (MFP), two programs that bridge the gap for individuals between nursing homes and living in the community.

11:15 A.M.-12:00 P.M.

## Session Three

### Gwenyth Johnson, MS, RDN, LDN

Chief Executive Officer  
*Second Wind Dreams, Inc.*

Experiential training gives us a perspective of what the individuals we care for are experiencing. It is important that we learn to apply this concept to a variety of settings. Attendees will gain knowledge about adult learning and will participate in planning a scenario for training in a specific setting.

12:00-12:15 P.M.

## Closing Remarks

