

CCSP SFY 2012

COMMUNITY CARE SERVICES PROGRAM CCSP ANNUAL REPORT - SUMMARY

- Consumers who are elderly or physically disabled, qualify for Medicaid, and meet nursing facility level of care eligibility qualify for home and community-based CCSP. Enrolled consumers can continue to live safe, healthy, independent and self-reliant lives in the community and delay or prevent institutional placement.
- The CCSP is a state budgeted program; as funding allows, consumers with the highest unmet need for services are enrolled.
- “The elderly population in Georgia will increase by 94.5% between 2010 and 2030 versus a total population increase in Georgia of 25.3%.”¹
- In 2011, 60% of the over 2 million people living with developmental disabilities in the U.S. live with a family care giver. Twenty-five percent of these caregivers are over age 60.² An additional 35% were in households of middle-aged caregivers for whom transition issues are near-term considerations.
- As consumers with chronic conditions or a disability live longer, and caregivers age, community-based less costly long term care options for caregiver support and consumer services are needed.

CCSP: Cost savings to the state & consumer long term care alternative to nursing facility placement

CCSP: Provides consumer choice, improved quality of life and independence & family/caregiver support

CCSP: Measurable program services value

➤ Personal choice & consumer independence

- Community-based services
- Supports consumer independence
- Improves consumer quality of life
- Supplements family responsibilities
- Provides critical support to family/informal caregiver(s)

- Served 12,825 consumers in living independently in their home and/or community; 71% were female and 44% identified as non-White
- 95% of eligible consumers chose the CCSP
- Consumer satisfaction with CCSP waiver services averaged 98%
- Overall consumer satisfaction with CCSP care coordination was 95%
- 95% of clients report that the CCSP care coordinator assisted them in having a better quality of life

➤ Cost-effective

- Less costly Medicaid long term care option
- Alternative to nursing facility/institutional placement
- Savings to state budget & taxpayers



- CCSP Medicaid consumer expenditure averaged 35% of the Medicaid cost for these consumers to reside in a nursing facility, a savings of \$16,771 per consumer (or, \$215,088,075 statewide) compared to nursing facility costs
- CCSP average care coordination cost per consumer was \$1,845
- Cost to administer CCSP was just over 1% of the total CCSP state administrative budget
- 67% of consumers contributed to the cost of their services, with 1% paying the entire cost; 31% of costs were paid by SSI Medicaid

“CCSP has been a blessing to me. The aides allow me to get the needed help with my daily tasks in order to feel safe in my home.”

Female consumer age 83 receives PSS, ERS
Augusta, Central Savannah River AAA

“I am blind, my sister was trying to help me until she got sick, my other sister goes back and forth to the hospital; she is worn thin. I am so thankful for CCSP. The aide, the meals and the emergency button help to keep me in my own home.”

Female consumer age 90 receives PSS, HDM, ERS
Macon, Middle GA AAA

“CCSP was a Godsend to our family. I was the only caretaker for my grandmother. She was very sick and I had to work to pay the bills. CCSP sent in an aide to be there with her until I came home. This made me feel better because someone was there to look after my grandmother. I did not want to put her in a nursing home, and she was able to die at home right where she wanted to be.”

Caregiver grandson of Female consumer age 100 received PSS
Gray, Middle GA AAA

➤ **Community-based long term care option**

- Supports least restrictive living environment suitable to needs of eligible consumer
- No wrong door access to local information, referral & services
- Gateway/Aging & Disability Resource Connection (ADRC) statewide community-based resources database
- Aging Network partners: 12 Area Agencies on Aging, 12 care coordination agencies, and 549 service provider agencies

- 30 years of successful community-based program services and care coordination delivery
- Services effectively delayed or prevented consumer institutionalization an average of nearly 4 years (47 months)
- The CCSP was the program choice for 95% of eligible consumers assessed
- 46% of consumers were over age 75. Clients younger than age 60 increased from 17% in SFY 2000 to 23% in SFY 2012
- 54,520 aging consumers, family and caregivers, and those with disabilities contacted an ADRC and accessed community information, assistance & referral about long term support services and consumer programs

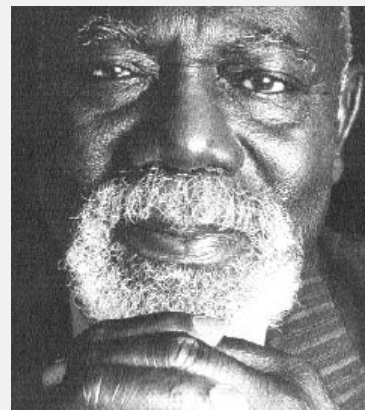
➤ **Comprehensive care coordination planning & development**

- Preventive and supportive
- Assesses consumer needs
- Initiates delivery & monitoring of services
- Collaborates with consumer to establish social, health and support services
- Monitors provider and care coordination agencies compliance with program policies and procedures
- Conducts ongoing training of program staff and agencies

- Consumer freedom of choice between community services and institutional care, and between service provider agencies
- Consumer focus and individualized Plan of Care
- Critical Incident Review monitored serious injury, falls, and abuse neglect & exploitation data on CCSP clients and implemented statewide intervention recommendations for consumer safety and independence
- Development and delivery of waiver services by provider agencies in the home and/or community

“CCSP has been wonderful. I couldn’t take care of my husband, if it wasn’t for these services. I don’t want to have to put him in the nursing home. He should be able to stay at home. Getting old or sick should not mean that you can’t be home, where you want to be.”

Wife caregiver of Male consumer age 67
receives PSSX
Blackshear, Southern GA AAA



➤ **Encourages innovative program collaboration**

- State, university, corporate and non-profit community partners
- Quality management strategy and systematic review of *Waiver Assurances* performance
- Program deliverables based on measures, targets and continuous quality improvement
- Statewide service provider agency training
- Preventive and supportive policies & standards for delivery of consumer focused quality services



"CCSP helps me to be more independent. I would be in the Nursing Home if the services were not provided to me. The Personal Support aide assists me with my daily living tasks and she provides companionship. Sometimes no one is home and having Home Delivered Meals is very convenient for me. Having the ERS makes me feel more secure knowing that I can receive help by mashing the button."

Female consumer age 41
receives PSSX, HDM, ERS
Dawson, Southwest Georgia AAA



- Statewide database of community services and resources
- CCSP supports economic development in Georgia, partnering with 526 public and private licensed, enrolled service businesses and health-related agencies.
- **Caregiver Assessment (TCARE®)** Tailored caregiver assessment and referral by trained care coordinators utilized an evidence-based assessment instrument to identify caregiver needs, refer caregivers to services, and develop a care plan that led to less stress, burden, and depression for the caregiver, as well as a delay in the CCSP client discharge to a nursing facility.

The Georgia Department of Human Services Division of Aging Services, with funding from the U.S. Administration on Aging, has concluded the research phase of the Alzheimer's Demonstration grant. Research studies indicate the effectiveness of the initiative. To date, 65 CCSP Care Coordinators have been certified and all 12 of Georgia's Area Agencies on Aging submitted action steps for full implementation of TCARE® in their regions.

▪ **Consumer Direction (CD-PSS option)**

In SFY 2012, 362 consumers elected the Consumer Directed Personal Support Services (CD-PSS) option. Eligible CCSP consumers exercised independence and control in organizing service resources, implemented choice in determination of how to meet their needs, and took responsibility for planning, hiring, and managing their own Personal Support Services service staffing support and delivery.

"The Consumer Directed Care aspect of CCSP is wonderful. It is a terrible feeling to be confined to my bed all day long and be dependent on someone else for my care. With Consumer Directed Care, I am able to control my schedule and who my aides are, which allows me to still have some type of independence. This is priceless to me. Without this program, I would have no choice but to enter a nursing home, a thought I can't bear."

Female Consumer age 63
receives CD-PSS
Villa Rica, GA Southern Crescent AAA

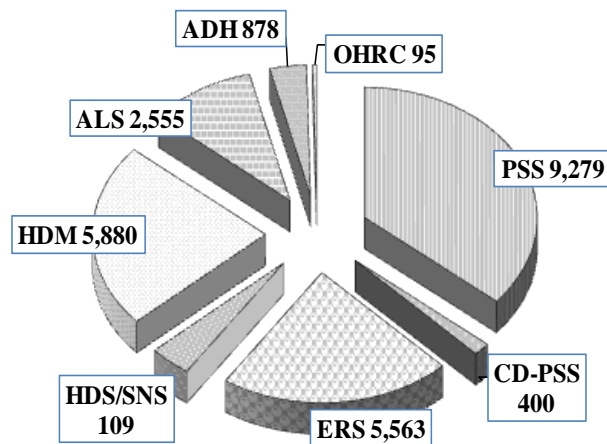
▪ **Nursing Facility to Community Transition & Money Follows the Person (MFP)**

In SFY 2012, 171 consumers moved into CCSP from more costly institutionalization. Through the Department of Community Health the Center for Medicare & Medicaid Services "Money Follows the Person" grant funded the enrollment of 106 consumers. The initiative provides necessary support and services to MFP-eligible Medicaid consumers in nursing facilities who choose to transition to residences in the community. It is projected that a minimum of 100 nursing facility consumers per fiscal year will transition into the community under the Elderly and Disabled waiver over the period of the grant.

Additionally, 65 consumers residing in nursing facilities who did not qualify for MFP were enrolled in the community-based CCSP.

CCSP SERVICES - SFY 2012

- **Adult Day Health (ADH)**
7% of CCSP consumers utilized ADH, accounting for 5% of CCSP Medicaid waiver expenditures
- **Alternative Living Services (ALS-F, ALS-G)**
19% of CCSP consumers utilized ALS, the service ranking second (12%) in program expenditures
- **Consumer Direction PSS option (CD PSS)**
3% of CCSP consumers chose the CD-PSS option, accounting for < 6% in program expenditures



Note: Consumers may utilize more than one service

- **Emergency Response Services (ERS)**
43% of CCSP consumers utilized ERS, accounting for only 1% of program expenditures
- **Home Delivered Meals (HDM)**
46% of CCSP consumers utilized HDM, accounting for 8% of program expenditures
- **Home Delivered Services (HDS)**
- **Skilled Nursing (SN)**
- **Personal Support Services (PSS)**
72% of CCSP consumers utilized PSS/PSSX, which accounted for the majority (69%) of total CCSP expenditures
- **Out-of-Home Respite Care (OHRC)**



**Gateway/Aging & Disabilities
Resource Connection (ADRC)**
local & statewide information, resources & referral
Call toll free statewide # 1-866-55AGING

**Georgia Department of Human Services,
Division of Aging Services**
<http://aging.dhr.georgia.gov>



¹ File 2. Interim State Projections of Population for Five-Year Age Groups and Selected Age Groups by Sex: July, 1 2004 to 2030. Source: U.S.Census Bureau, Population Division, Interim State Population Projections, 2005.

² The State of the States in Developmental Disabilities 2011, David Braddock et al, Coleman Institute & Dept. Psychiatry, U Colorado, based on Fumiura (1998), p 62, 232; ³ p 58, in press 2012 monograph

